

# VISIT VAIL VALLEY

2014-2015

THE OFFICIAL VISITOR'S GUIDE TO THE VAIL VALLEY®



OLYMPIC GOLD MEDALIST MIKAELA SHIFFRIN WITH THE 2015 FIS ALPINE WORLD SKI CHAMPIONSHIPS' MASCOTS

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THE COMPLETE GUIDE TO VAIL VALLEY WEDDINGS, EVENTS, GROUPS & MEETINGS  
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# COLORADO'S MARIJUANA LAW

## *What You Should Know*

### POSSESSION

If you're 21 or older, you're allowed to possess up to one ounce of marijuana (and grow up to six plants privately) in Colorado. It is illegal to transport marijuana out of state.

### CONSUMPTION

There are restrictions on marijuana use in Colorado. Consumption is allowed only in private locations with property owner permission. Generally, if you can be seen in public, it is illegal to consume marijuana. These areas include: public ways, streets, sidewalks, alleys, bicycle paths, trails, golf courses, public buildings, parks, open spaces, parking lots, shopping centers, places of business usually open to the general public, and cars or other vehicles located on public property or public right of way.

Marijuana continues to be illegal under federal law. Consequently, consumption of marijuana on U.S. Forest Service land, including Beaver Creek and Vail mountains and much of the land surrounding the ski areas, is illegal under federal law. In addition, Beaver Creek and Vail mountains do not permit the consumption of marijuana in or on any of its lifts, facilities or premises under its control.

Violations could result in a mandated summons to appear in court for in-state and out-of-state residents.

### RETAIL SALES

Because the law gives local jurisdictions the authority to regulate retail sales operations, policies vary across municipalities and unincorporated areas within the Vail Valley. Check with local jurisdictions for information on availability of retail marijuana outlets. Unlicensed transactions, including selling marijuana to another person for a price, is illegal. Giving or selling marijuana to a person under age 21 is a felony offense.

### SAFETY

Responsible choices for recreational marijuana use are similar to those for alcohol. If you choose to consume marijuana, please do so responsibly and safely. It is illegal to drive under the influence. First-time users should be aware of marijuana's potency; read warning labels before consumption, especially if you choose to consume "edibles," which may have a delayed reaction.



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# TIP

## *Altitude & Attitude*

Everyone traveling to high altitude experiences hypoxia to some extent, until the body adapts to the lower oxygen levels. AMS (Acute Mountain Sickness) is an illness effecting upwards of 30% of all people visiting the Vail Valley, at varying degrees. Here's how you can prevent this:

**Pre travel:** consider acetazolamide, hydration and reducing your ascent profile. Stay hydrated – 20% of fluid loss is from the respiratory tract or breathing. Ease into your activity the first day – this includes drinking caffeinated beverages and alcohol.

**Seek medical treatment or advise if you experience any of the following:** persistent dizziness, shortness of breath at rest, nausea/vomiting, chest tightness/discomfort, persistent headache/disorientation, consistent fatigue/inability to sleep.

Colorado has the highest mean population in the U.S. living above 7000 ft. and is among the fittest populations in the nation. Enjoy the nature and beauty of this special place!

– Alpine Mobile Physicians

[www.alpinemobilephysicians.com](http://www.alpinemobilephysicians.com)



## FACES OF THE VAIL VALLEY

**TRACEY FLOWER**, Executive Director for the Vail Symposium, has worn many hats during her tenure at the organization. She started working as an intern for the Symposium in 2010 before becoming a staff member in 2012. Before long, she had worked in almost every aspect of the organization. She assumed the role of Executive Director in January, 2014.

### WHAT DOES THE VAIL SYMPOSIUM'S PROGRAMMING FOCUS ON?

If I could only give one word, it's learning. Whatever we put on, whether it's geopolitical, a debate of our times or a story of adventure, it's all about learning.

### HOW DO YOU PICK YOUR TOPICS AND SPEAKERS?

We have in depth brainstorming sessions and so many ideas come out of these sessions. We really look at who are the most dynamic speakers and programs and determine what would make the most compelling programs.

### HOW DO YOU THINK THE SYMPOSIUM CONTRIBUTES TO A HEALTHY LIFESTYLE AND LIFELONG LEARNING?

We have our series on health and wellness, which is focused not only on groundbreaking procedures but also new ideas in the medical realm. For example, we just had a program on stem cells. One thing we found compelling was how many people in the audience were seeking answers to their own medical problems. It's great to see that people were not just learning broadly about a topic, but were also learning about something that was deeply important to them. It's an opportunity to keep your mind active.

### HOW DOES HAVING THE SYMPOSIUM BENEFIT BOTH VISITORS AND LOCALS IN THE VALLEY?

For the community, I think it's the opportunity to learn and hear about something you're passionate about from an expert and we're bringing them here to Vail. I think the community also extends to the guests who visit Vail. Vail isn't just a place where you can have world-class adventures, you can also hear world-class adventurers speak. It's so cool; it's just one more little nugget that makes Vail special.



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## CONVENING LOCALLY THINKING GLOBALLY

The Vail Symposium is a 43-year grassroots non-profit organization that has been a part of the life and history of Vail since 1971. We provide programs for the Vail Valley – local community and visitors - that are thought-provoking, diverse and affordable.

From hard-hitting geopolitical topics to stories of unlimited adventure or health and wellness, the Vail Symposium will turn an ordinary evening into one of extraordinary learning, exploring and discussion.

VISIT [WWW.VAILSYMPOSIUM.ORG](http://WWW.VAILSYMPOSIUM.ORG) OR CALL 970.476.0954 TO SEE WHAT THE SYMPOSIUM HAS PLANNED.



**vail symposium**